

## RISK FACTORS FOR RECIDIVISM

<p><b>OPEN TO CHANGE</b> Unit G</p>	<p>Core change-focused risk factors program model. Helps identify feelings, issues, and risk factors, reducing resistance, and beginning the process of personal awareness and change. Addresses criminal thinking and behavior, and gang involvement issues. <i>Ga and Gj versions available - Community version.</i></p>
<p><b>OPEN TO CHANGE</b> Unit H</p>	<p>Resources in this general delinquency unit increase self-awareness with the specific objective of decreasing discomfort with the old choices. Addresses criminal thinking and behavior, and gang involvement issues. <i>Ja and Hj versions available - Community version.</i></p>
<p><b>Issues in Aftercare:</b> Managing Your Risk Factors (Relapse Prevention) (RG)</p>	<p>This unit provides a change-focused approach to recidivism and relapse prevention. It targets the most common external risk factors (identifying, avoiding, or dealing more effectively with their specific high risk people, places, things, and situations), and the development of internal and external protective factors (safety nets).</p> <p>This resource combines a focus on multiple common and critical high risk factors for relapse with additional protective factors. Designed to complement the other Relapse Prevention units, Appropriate for community, IOE/EOP, and aftercare.</p>
<p><b>Avoiding Trouble</b>  (Modified Unit RE)</p>	<p>This is a community (probation) version of Unit RE, above. The first element addresses critical areas of responsibility (meeting the conditions of probation, continuing education, seeking and maintaining employment, family responsibilities, and avoiding problems with authority). This unit also provides focus on critical areas of decision making and includes a comprehensive MI-based self-evaluation of importance, confidence, and readiness to continue to make positive changes. <i>Post-release version.</i></p>
<p><b>Risk Factors and Protective Factors</b></p>	<p>Comprehensive community-based unit, includes self-evaluation of current and future risk factors. Guides action planning and problem solving versus highest risk factors, Evaluates internal protective factors, strengths and resilience. Then assesses external protective factors and resources and guides development of action plans to enhance successful implementation of new life and lifestyle changes.</p>