

Resources for Women

from New Freedom Programs

Women's Issues Workbooks (sample titles)

W1	Especially for women: drug abuse, relapse, and recovery	W8	Avoiding your old family traps.	DV1	Domestic violence #1: Increasing personal awareness
W2	Healthy relationships and healthy boundaries	W12	Self image and body image	DV2	Domestic violence #2: becoming less vulnerable to domestic violence
W3	Control! (issues and answers for women)	W13	Eating disorders	DV3	Domestic violence #3: your safety is your business
W7	Avoiding your old relationship traps.	W20	Issues with prostitution	W22	Self-Injury

Women's Program Resources

TT	Handling the tough times (18 one-hour lessons)	LT	Making good use of your leisure time (9 lessons)	MA	Interpersonal communication skills program (36 lessons)
PDL	Life skills program (90+ lessons)	PS	Problem solving (5 workbooks/activity sets)	P3/V1	Vocational preparation program
TR/MET	Especially for women: drug abuse, relapse, and recovery	SM	Stress Management	RFM	Risk factors management programs
CS	Especially for women: drug abuse, relapse, and recovery	AV	Aggression, anger, and violence program resources (includes workbooks and individual lessons)	ST/DI	Cognitive-behavioral resources address issues like "stinking thinking," passive-aggression, and codependency
ULN	Una Libertad Nueva. Spanish language program resources (30+ workbooks)	RH	Returning Home is a highly interactive 25 workbook program for community reintegration	PG	Phoenix Gang Intervention and Prevention program resources for women.

A New Freedom substance abuse treatment resources. Comprehensive model based on motivational enhancement, cognitive behavioral, social learning, coping skills, relapse prevention and risk factors management approaches. Programs range from 25-600 hours. Prices start at \$875, including site license.

Behavioral health and dual diagnosis program resources. Over 15 model treatment plans for common issues and DSM-IV diagnoses, linked to specific workbooks, behaviorally-stated objectives, and specific workbook pages. Available in hard copy, diskette, or CD format to support individualized treatment planning process.

Prices

Package A (23-25 hour program), \$875	Package B (50+ hour program), \$1750
Basic Women's Program \$1260	11-Hour Domestic Violence Program (DV1, DV2, DV3), \$385

Visit <http://www.newfreedomprograms.com/help> if you are interested in a phone consultation to design a customized curriculum. **All prices are valid until August 31, 2007**, with significant discounts for longer programs and multiple facilities. Our "site license" allows for unlimited duplication for use in programs at your location.

