

## Resources for Community Gang Intervention and Prevention Programs

<b>Gang Intervention and Prevention Program Workbooks</b>			
GG1	What was on your mind? (gang mind-set)	This is an important workbook, a cognitive restructuring approach to gang activity. It identifies selected negative mind-sets common to people involved in gang activity. Then, it addresses each of these in a systematic fashion, identifying weaknesses in that form of thinking, and offering guidance in the development of a more positive outlook.	8
GG2	Who wants to be at risk?	This workbook addresses the "risk factors" approach to gang involvement and activity. The objective is for participants to identify their own highest risk factors and acknowledge that these risks and temptations will be out there, waiting, upon release. <i>"If you plan for them, and develop options for how you will handle them better, you stand a good chance."</i>	14
GG3	What do you need? (needs and gangs)	This workbook - based on Maslow's needs hierarchy theory - addresses gang activity from the point of view of underlying needs. These needs won't go away; they will be present when the participants return to the community. Thus this workbook guides the students in finding alternative - and better - ways to meet those needs than gangs or crime.	6
GG4	Living a non-violent life # 1	This workbook provides the opportunity for clients to identify their triggers and highest personal risk factors for violence and to develop strategies to avoid these issues or to cope more effectively in the future.	18
GG5	Living a non-violent life # 2	This workbook provides a more focused opportunity for clients to identify their highest risk factors for violence (the people, places, things, times, and situations where they are at highest risk). It guides the development of "environmental control" strategies to avoid these issues and situations - and helps clients explore their options.	8
GG7	Understanding yourself # 1	This is the "risk factors" approach to aggression and violence. It provides an alternative approach to violence issues and behavior, addressing community and family risk factors for violence.  For clients, the objective is to begin by increasing awareness. Then, clients can admit that they have these risk factors and acknowledge that these risks and temptations will be out there, waiting, upon release. <i>"If you plan for them, and develop options for how you will handle them better, you stand a good chance."</i>	9
GG8	Understanding Yourself # 2	This is the "risk factors" approach to passive-aggressive behavior, which can often lead to violence and other problems. It provides an alternative approach to violence, addressing community and family risk factors for this passive-aggressive behavior. <i>(Approach is similar to GG7, above)</i>	5
GG9	For young women - reducing your risk	This workbook addresses the "risk factors" approach to gang involvement and activity for females.	6 lessons
GG11	Program Activities	This series of program activities is designed to facilitate participation, group involvement and cooperation, and self-disclosure. Many are based on traditional experiential learning approaches. They range from 10-50 minutes, and provide a "change of pace" for participants and staff.	60 activities

GG10	"What do you think? ( <i>brief activities</i> )	This series of program activities is designed to facilitate participation, group cooperation, and self-disclosure. They range from 5-30 minutes, and can be used to open a class session or provide a "change of pace" later in the session.	60 activities
GG12	What do you think? ( <i>women's materials</i> )	This series of program activities is designed to facilitate participation, group cooperation, and self-disclosure.	18 sessions
F5g	Shame and low self-esteem	Identifies client shame and low self-esteem issues, including symptoms and sources of shame, and links between shame and dependencies. Identifies steps to making changes. ( <i>includes gang issues and self-esteem</i> )	8
GG13	Gang intervention resources	Where are your old friends today?	2
		Criminal Values	2
		Respect	3
		How to identify your real friends	1
		Thinking about stereotypes	2
		Loyalty	2
		How have the movies, music, and TV influenced you?	2
	"Do the math" - The prospect of earning a lot of money through drug dealing can be very appealing. This lesson asks participants to "do the math" in comparing the risks and rewards of drug dealing with the risks and rewards of earning money legitimately.	2	
ST6	Stinking thinking and gang activity (#6)	Four lessons targeting specific areas of cognitive distortion (criminal thinking or "stinking thinking").	4
RH21j/ PS2j	Problem Solving 1-2-3	Using basic problem solving model, presents 54 community and home problem situations experienced by people in transition and/or recovery. ( <i>juvenile version</i> )	9
RH24 /PS3	Self-efficacy and problem solving	This short workbook summarizes the key coping or avoidance/escape strategies used by clients for their highest risk situations. ( <i>key summary activity</i> )	3
GG14	Getting away from the gang	Provides suggestions, action planning, and support to assist in leaving the gang. Provides typical situations for role-playing practice and self-efficacy.	6-8

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