

Community Youth Programs

The Core Program

Nine workbooks address the most common risk factors and issues, and can be supplemented by selected substance abuse treatment, gangs, anger/violence, and life skills resources. The resources include:

“What’s going on in my life?” Workbook helps identify feelings, issues, and risk factors, reducing resistance, and beginning the process of personal awareness and change (MET model).

You have options! Clients identify risk factors and problem situations, and practice alternatives to substance abuse or violence.

Coping skills for emergencies. Participants learn to identify their own highest risk situations, the cues that they are becoming at higher risk, what they will do to cope effectively, and then practice new coping skills until they are confident they will work.

Let’s talk about feelings. Specific feelings are addressed in activities which help young clients identify and experience feelings safely.

Gangs. Short workbook helps youth identify gang issues and options to participation (*extended program available*).

Violence at home. Addresses family violence and its consequences.

Problems at home. Helps clients start to discuss family issues.

Avoiding trouble (when you are with others). This workbook addresses common problems with peer pressure and offers solutions.

Problem Solving 1-2-3. Using basic problem solving model, presents 54 community problem situations for practice.

Phoenix Gang Intervention and Prevention

Comprehensive male and female resources provide diversion, afterschool, probation, parole, and school classroom measures. Extensive materials address intervention, prevention, and leaving the gang. Also available in Spanish.

Anger and Violence

Resources address risk factors underlying aggression and violence. Participants identify their personal triggers and risk factors, and develop new skills and action plans to address these issues.

Pathways to Daily Living

A comprehensive program for adults and juveniles helping them develop skills for daily living.

Insight and Outlook

Comprehensive substance abuse treatment program resources. Over 200 workbooks available.

Una Libertad Nueva

Spanish language program resources. Over 50 workbooks available.

Does Your Organization have Special Needs?

Our resources are designed to be as flexible as they are affordable. **Our “site license” allows permanent, unlimited duplication of materials in your facility. Further, we offer highly customizable programs, as well as discounts for longer programs and bulk purchases.**

If you're interested in a free phone consultation, please visit <http://www.newfreedomprograms.com/help> and fill out the form.

Current prices will be in effect until August 31, 2007.

