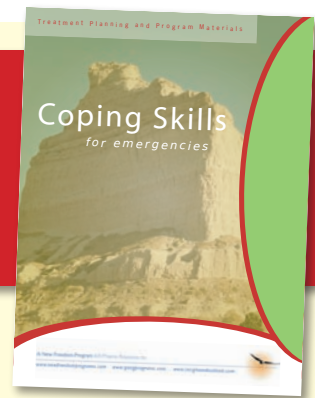


Insight and Outlook Resources



Comprehensive • Cost-Efficient • Proven-Effective

Insight and Outlook puts an arsenal of powerful, effective clinical and program resources at your fingertips! These innovative, state-of-the-art materials can help you ramp up the effectiveness of your interventions and programming without going over budget. Provided by Phoenix Resources, these materials support more than 1000 hospital, school, community agency, and correctional programs nationwide

Insight and Outlook is a comprehensive set of resource options which address behavioral health issues, substance abuse, other dependencies, and important life skills..

Typical applications include workbooks, stand-alone lessons, worksheets, checklists and treatment support materials for clients and staff. Our staff can help you select appropriate materials to address your specific needs and objectives, ranging from specific issues to long-term treatment program resources with dosages of 175-600 program hours. All materials are designed in an easy-to-use format, at high-interest, easy-reading levels. Many are provided in multiple age and gender-specific versions.

KEY INSIGHT AND OUTLOOK RESOURCES

Behavioral Health and Dual Diagnosis Treatment Program

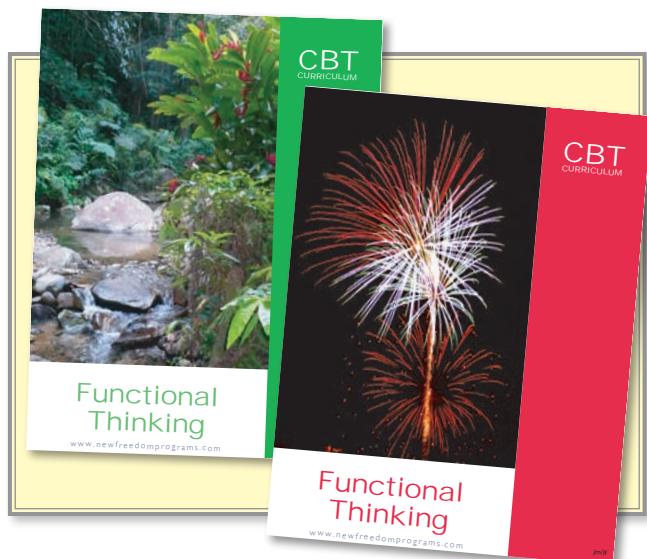
Comprehensive resources based on Cognitive Behavioral Therapy/Motivational Enhancement Therapy, stages-of-change, and social learning/self-efficacy models. Materials include counselors tools, DSM-IV checklists, client and counselor worksheets, treatment planning suggestions, and workbooks. Resources address more than 20 issues, including anxiety, depression, aggression, PTSD, self-injury, conduct disorder, and eating disorders. Available at a variety of prices and program hours. We can help you put together the perfect program

A New Freedom—Motivational Interviewing (MI) Version

This collection of materials is based on an MI-infused version of the award-winning A New Freedom and Phoenix Intervention resources.. It addresses behaviors and dependencies and underlying thinking and feelings that have led to problems in the past. It introduces participants to treatment, reduces resistance, and guides the process of personal awareness and change, including cognitive restructuring, and the mastery of skills for relapse prevention and self-efficacy. It is especially effective as a core building block for intensive behavioral health and dual diagnosis interventions.

The Cognitive-Behavioral Therapy (CBT) Functional Thinking Curriculum

This set of materials specifically addresses the critical elements of CBT, and serves as a core CBT resource. Motivational Interviewing tools are woven throughout and the materials are sequenced to the stages of change model (Prochaska and DeClemente). Workbooks include Emotional Intelligence, Feelings and Symptoms toolkits, Triggers, Faulty Thinking and Functional Thinking, Coping Skills for Emergencies, and much more! Provided in adult and juvenile versions.



OTHER INSIGHT AND OUTLOOK RESOURCES

Women's Issues

A comprehensive set of treatment resources and female-specific workbooks addressing a wide range of issues including dependencies, relationships, self-harm, women's health, prostitution, and eating disorders.

Programs for Homeless, HIV/AIDS clients, and Life Skills Resources

Pathways to Daily Living and our Interpersonal Communication Skills programs include more than 100 one-hour lessons, supplemented by Problem Solving resources, Vocation/Employment Preparation program, and a comprehensive set of community reintegration resources.

Anger/Aggression/Violence Issues

Aggression and Violence, an extensive workbook-based resource, and Managing Your Anger, based on individual skill-building lessons, support programs up to 120 hours in length.

Spanish Language Resources

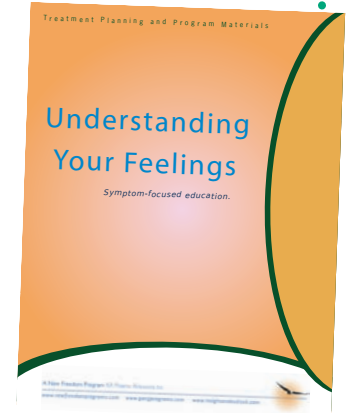
Comprehensive programs for adults and juveniles, including nearly 60 workbooks in Spanish.

The Phoenix Prevention Curriculum

Targets critical coping, problem-solving and life skills to address the highest risk factors for delinquency and gang involvement. We provide more than 90 different gang prevention and intervention resources.

Correctional, Drug Court, Diversion, Probation and Parole Programs

We support hundreds of similar programs.



THE BOTTOM LINE

All of our materials are provided under our site license arrangement (a one-time cost), allowing unlimited photocopying for use in programs conducted at the designated facility or site. For illustration, costs for workbooks can be calculated by multiplying the total program hours identified for the resources selected by our \$35 per program hour cost. Each custom package includes the site license, two sets of materials, and supporting resources for program staff. Discounts are provided for smaller facilities and multiple-site programs. For more information, including logic models and a complete catalog, please visit our website, www.insightandoutlook.com, or call us at 212-462-3055. To e-mail directly, please send correspondence to:

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