



The **Returning Home** program resources for community reintegration, relapse prevention, and risk factors management include workbooks, role playing, and skills practice activities, and lessons addressing the critical issues in making the transition back to the community. Based on cognitive-behavioral and social learning models, they are written at a Grade 5-6 reading level, and provide guidance for dealing with responsibilities, family, friends, and old temptations. They are highly interactive and easy to implement, and include behaviorally-stated objectives and lesson plans for counselors, instructors, or peer staff. Costs include “site license” allowing unlimited duplication for use in programs conducted on site.

Prices are valid until June 30, 2009. The following packages are available:

- RH-A. 50+ hours—typically about 10 workbooks selected to meet your program needs from the lists below, \$1745
- RH-B. 80+ hours—typically about 18 workbooks, \$2765
- RH-C. 100+ hours—typically about 25 workbooks, \$3395

### Supplemental Pre-release and Vocational Program Resources

Identification of work skills and job options, job and career values, a positive attitude, thinking realistically about work, practical aspects of finding a job, development of personal data sheet, handling applications, resumes, and interviews, ethical issues, and keeping a job. (20 hours of program resources)

### Individual lesson plans for daily living skills

**Making Good Use of Your Leisure Time**, 9 lessons

**Life Issues**, 3 lessons

**Handling the Tough Times**, 18 lessons

**Managing Your Money**, 9 lessons

**Anti-violence and Communication Skills**, 36 lessons

### Returning Home Program Resources

**RH1** Your first few days

**RH2** Dealing with people in new ways

**RH3** Dealing with discomfort

**RH4** Facing your responsibilities

**RH5** If you “lapse”

**RH6** Making positive steps to take control of your life

**RH7** Avoiding the negative

**RH8** Practice in handling difficult situations

**RH9** Avoiding problems with authority

**RH10** Avoiding trouble (when you are with others)

**RH11** Handling Tough Situations

**RH12** Safety Nets

**RH13** Red flags

**RH14** Getting close to getting out

**RH15** How are you doing?

**PS1** Problem Solving (juvenile version)

**RH21** Problem Solving 1-2-3

**RH22** Making long-term changes

**RH23** Identifying and addressing your highest risks

**RH24** Self-efficacy and problem solving

### Supplemental Program Resources

**RH25** Key elements of change

**RH26** Reducing your risk

**CS1** Coping skills for emergencies

**CS2** Techniques for when you are at greatest risk

**PT4** Coping skills “self report card”

**PT8** Review of relapse prevention plans

### Does Your Organization have Special Needs?

Our resources are designed to be as flexible as they are affordable. Our “site license” allows permanent, unlimited duplication of materials in your facility. Further, we offer highly customizable programs. If you’re interested in a free phone consultation, please visit [www.newfreedomprograms.com/help](http://www.newfreedomprograms.com/help) and fill out the form.