



Una Libertad Nueva is a comprehensive Spanish language substance abuse and behavioral health program resource which addresses both educational and therapeutic goals. These state-of-the-art materials can be used with groups, in the classroom setting, as treatment “homework,” for in-cell study, and with individuals. This material addresses areas such as cognitive-behavioral change, risk factors management, coping skills, and the development of realistic self-efficacy in relapse prevention.

Substance Abuse Treatment Package

Sample titles include: “What Went Wrong?,” Reasons to Change, Preventing Relapse, Coping Skills for Emergencies, Handling Tough Situations.

Returning Home

Sample titles include: “Your First Few Days,” “Dealing With People in New Ways,” “Making Positive Steps to Take Control of Your Life,” “Practice in Handling Difficult Situations,” “Safety Nets,” “Red Flags,” and “Making Long-Term Changes.”

Substance Abuse Package and Returning Home Combination

Discounts for the above two programs, available in both Spanish and and a combination of Spanish/English language packages.

Custom Program

Visit www.newfreedomprograms.com/help for help with custom curriculums.

Basic Community Youth Diversion Program

Sample titles include: “You Have Options,” “Gangs,” “Violence at Home,” “Problems at Home.”

Price Information

Our innovative **site license** allows you to make unlimited duplications of our material for use in programs at your facility. **Discounts** are available for small facilities and longer. Please contact us for details.

The programs listed above are available in both Spanish and combination Spanish/English language versions. Programs are highly customizable. Discounts are available for Spanish/English combination packages. Sample prices include:

Hours:	15	30	50	100
Price:	\$525	\$1050	\$1725	\$3395

See www.newfreedomprograms.com/help for details about our free phone consultations.

Prices are valid until June 30, 2009.