CR UNIT: Handling people problems here successfully #4 (10 sessions) ***Note: this is a Cellmate version. We also have a Unit version (for dormitory-type units)***		
Objectives	GOAL #1: Reduction in assault and acting out behaviors GOAL #2: Success in handling people problems, specific problem situations; reduction in vulnerability to selected high risk factors	
● PreContemplation ❑ engagement ❑ awareness	1	Sharing a cell #14 (The long view) FFT - Some time to think Worksheet - What's really important to me
	2	Sharing a cell #1 (Messy cellmate) Sharing a cell #2 (Hygiene) Sharing a cell #5 (The lockdown)
● Contemplation stage; correctional-specific trigger scenarios	3	Sharing a cell #13 (Getting along) Cellmate issue #14 (Trying to sleep) Sharing a cell #3 (The talker) Cellmate issue #11 (The fanatic)
	4	Cellmate issue #1 (At night) Cellmate issue #2 (Aggression) Cellmate issue #7 (Heroin) Sharing a cell # 4 (Conflict)
	5	Cellmate issue #13 (Canteen) Cellmate issue #12 (Debts) Sharing a cell #3 (Controlling) Sharing a cell #9 (Borrowing)
	6	People problems #10 (Forced sex) Cellmate issue #10 (Sexual favors) Cellmate issue #11 (The relationship) Sharing a cell #7 (Drugs)
	7	Sharing a cell #10 (Mental health) Cellmate issue #4 (Rocking) Cellmate issue #8 (Voices) Asking for help
	8	Problems with authority FFT - Resistance (staff issue) FFT - Tough words (a staff issue)
	9	On the unit #3 (Acting out for attention) Calling for help/Asking for help Issues in asking for help Skills practice - making a request for a cell move

● Preparation/ determination; self-assessment and action planning	10	Sharing a cell #6 (The search) Worksheet - Change self-assessment Cellmate issue summary Worksheet - Goal setting activity