

ODYS PROGRAM RESOURCES FINDER

The Ohio Model is an array of programming resources for all of the juvenile residential facilities run by the Ohio Department of Youth Services. These resources include:

- a 130 hour core resource based on the Transtheoretical Stages of Change Model (Prochaska & DiClemente) and infused with Motivational Interviewing tools
- a 50 hour aggression and violence curriculum based on a skills development model
- a collection of resources for sessions identified by individual need (including CBT, coping skills, self-discovery and feelings, and a transition module)
- a core transition (reintegration) curriculum

In addition to these core programs, the model provides additional resources for:

- intensive programming needs
- mental health needs
- extended stay

All of these materials have been organized and made available to all facilities by way of an interactive interface that resides on the Ohio Department of Youth Services server– **the ODYS Program Resources Finder**. Social workers, clinicians, and any other authorized personnel have access to the ODYS Program Resources Finder at any time. From there they can find the programming resources they need, and download them as PDF files on demand.

In addition, a series of flowcharts outlining the overall program and detailing the individual courses of treatment is available on the ODYS Program Resources Finder. These flowcharts help ensure continuity of care throughout each facility and minimize possible disruptions of staff changes.

The ODYS Program Resources Finder is HTML-based, meaning that it works just like a website. In this case the website is not on the internet, but on the ODYS servers. Most everyone today has interacted with websites, so interacting with the ODYS Program Resources Finder will be intuitive and easy for any authorized personnel.

You can see a copy of the ODYS Program Resources Finder at this link:

<http://www.newfreedomprograms.com/test>

This version of the ODYS Program Resources Finder is a mirror of the one on the ODYS servers, designed to demonstrate its functionality. **NOTE: on this model the pdf links to our actual product are not active— if you click on anything that says PDF, it will not allow you to download the product that has been licensed to Ohio. It is for demonstration purposes only.**

Here's a breakdown of all the links on the main page.

TOP OF THE PAGE

In the blue box at the top of the page (the one with the eagle) you'll find quick navigation to some of the more general tools and resources:

- **License**— links to page presenting details of the site license, which includes a list of all the facilities that are allowed to use these materials.
- **Counselor's Manual**— links to a comprehensive Counselor's Manual packed with helpful suggestions and tools for facilitating the program.
- **URICA**— links to the University of Rhode Island Change Assessment tool. The state of Ohio, for whom this interface was developed, administers the URICA at intake and at release. This pre- and post-test allows them to quantify the progress and success of the program overall.
- **MI Tools**— links to a handy MI Toolkit, and an MI manual.
- **Flow Chart**— links to the flow chart relevant to the particular page you are on. On the main page, the link is to a file containing all the flow charts for the program.
- **Competency Checklists**— links to checklists that document the progress of the individuals through each lesson.
- **Treatment Planning Resources**— links to a comprehensive list of all available mental health resources, including comprehensive treatment planning templates that can be readily customized for clients or groups.

LEFT SIDE COLUMN

On the left side column of the main page are links to all the core programming materials. These cores, generally speaking, will be given to everyone involved in the program. They follow each individual from intake to release:

- **Reception/Pre-Treatment Resources**– these resources, designed to be given at reception, prepare the individual to enter the program and to get the most out of it. When you click on the link you will get a list of the workbooks selected for this area. The PDF link allows you to download the material directly from the site.
- **Core A**– This 130 session core resource is provided to all residents. Based on the Transtheoretical Stages of Change Model (Prochaska & DiClemente), it features motivational interviewing, CBT, emotional intelligence, problem solving, gang intervention, coping skills, risk factors, protective factors, and transition.
- **Core B**– This resource is also provided to all residents. It is a 50 session repeating cycle based on a skills development model. Residents may attend when not at special programming during these times.
- **Core C**-- Core C offers resources to be used in sessions identified by individual need and/or as defined by the respective flowcharts. These resources cover self-discovery and feelings, functional thinking, skills for relapse prevention and self-efficacy, and transition.
- **Transition Resources**– The Returning Home series can provide more than 120 program hours, which may be appropriate for pre-release, transition, or post-release programming.

RIGHT SIDE COLUMN

The right side column contains links to supplemental resources designed to be used as needed in each individual case.

- **Intensive Programming Resources**– Includes Gang Intervention and Substance Abuse. These are provided at varying levels of intensity, tailored to the degree of need/risk assessment for each program area.
- **Mental Health Programming Resources**– Includes Anxiety, PTSD, Self-Harm, Depression, etc.. These are provided at varying levels of intensity, tailored to the degree of need/risk assessment for each program area.
- **Extended Stay Resources**– For individuals whose stay is long enough that additional programming is needed.

FOR MORE INFORMATION

If you would like more information about the ODYS Program Resources Finder, you can contact Phoenix/New Freedom Programs or speak to someone at the Ohio Department of Youth Services.

For more information about the specific content or technical issues with the ODYS Program Resources Finder, please contact:

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To speak to someone at the Ohio Department of Youth Services about implementation, training, or success using the materials, please contact:

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