

UNIT: INTRODUCTION TO GROUP (10 sessions)

Introduction to group programming. Focus is engagement (participation) and increasing awareness of their choices and options. Certain elements build toward contemplation of life issues as well as past and present choices.

Preparation <input checked="" type="checkbox"/> PreContemplation <input type="checkbox"/> engagement <input type="checkbox"/> awareness	1	Introductions and clarification of program rules and expectations (<i>staff led</i>) Pre3a1, part 1 (engagement activity) Pre 8ac - At home in the lockup
	2	Pre3a, part 2 (engagement and early self-disclosure activity) FFT - It's just like magic
	3	Pre3a, part 3 (engagement and self-disclosure activity) Worksheet - Where do you stand?
	4	Pre3a, part 4 (engagement and early self-disclosure activity) Pre15 - There's no point FFT - Do I get a do-over
<input checked="" type="checkbox"/> PreContemplation <input type="checkbox"/> engagement <input type="checkbox"/> awareness <input type="checkbox"/> acceptance	5	ICD.1 - What's treatment all about? Worksheet - Prior program experiences (opener)
	6	ICD.2 - What's treatment all about? FFT - If you learned
	7	CC1 - What's been getting you in trouble? FFT - Anyone who hurt the people I love
	8	Pre12 -I can do this Worksheet - Values activity #1
	9	CC6 - I have my reasons FFT - Change is hard
	10	Pre4 - How important is it to you? Worksheet - Program assessment (motivation)