Juvenile Resources in Spanish

PHOENIX CURRICULUM		
PC8 25	Phoenix Curriculum (Middle School)	25-hour intervention program that includes elements of the school's curriculum, with additional materials specifically aimed at prioritizing risk factors common to the group. It allows for a wide variety of options, including bullying violence, gangs, and gender-specific programs.

Phoenix Curriculum content areas:	What's important to you? (Goals, Dreams, and Values)
	Understanding Your Feelings (Emotional Intelligence)
	Problem Solving (avoiding impulsive thinking, problem recognition, consequential thinking, alternative solution thinking, weighing pros and cons, means-ends thinking, planning).
	Risk Factors (including skills for Avoidance, Escape, and Refusal)
	Protective Factors

Phoenix Curriculum Parents Resource	Brief resource for use with parents of young people participating in the Phoenix Curriculum.	$155

Core Risk Factors Unit	Core change-focused risk factors (including substance abuse) program model. Helps identify feelings, issues, and risk factors, reducing resistance, and beginning the process of personal awareness and change.	$695

DP1j	You have options!	Risk factors-based workbook for high risk youth. Clients identify problem situations and practice options to substance abuse or violence. Action planning activities support personal change.	3 hours

DP2/ CS1/	Coping skills for emergencies	Clients learn to identify their own highest risk situations, the cues that they are becoming at higher risk, what they will do to cope effectively, and then practice these new coping skills until they are confident they will work. Included in these skills are thought stopping, conflict avoidance and "escape" skills, and a comprehensive set of "refusal skills." *(also listed as CS1) (Different versions provided for detention, diversion, and community programs.)*.	4 hours
DP3/ F12/	Let's talk about feelings	Specific feelings (anger, anxiety or fear, low-self-esteem/shame, hurt, and loneliness) are addressed in activities which help clients identify and experience feelings safely. *(Different versions provided for detention, diversion, and community programs.)*	4 hours
DP4j	Gangs	Short workbook helps client identify gang issues and options to participation. *(For selected juvenile programs)*	2 hours
DP5j	Violence at home	Short workbook helps clients understand family violence and its' consequences. Helps clients identify safe choices and available options. *(For selected juvenile programs)*	3 hours
DP6j	Problems at home	This short workbook is designed to help clients start to discuss family issues (neglect, abuse, abandonment, or addictions) with program staff. *(For selected juvenile programs)*	3 hours
DP8/ SD12jj	Key elements of change	This workbook provides a comprehensive overview of personal change from substance abuse. It includes elements of motivational interviewing (MI) and cognitive-behavioral therapy (CBT), as well as analysis of risk factors, the development of key coping and refusal skills, and the development of a safety net. *To build increased self-efficacy, it can be supplemented by selected workbooks from the RH series (i.e. RH11, 12, 13, 17, 21, 22, 23,or 24). Also suitable for review and aftercare programs.*	12 hours