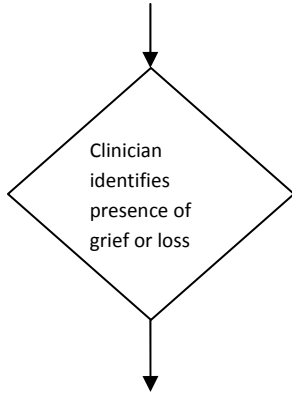


## GRIEF AND LOSS ISSUES



### TP 6 - Treatment overview and suggestions.

The TP 6 "Grief and Loss" resource includes a range of specific MH resources for counselor and clients - males and females. It provides an orientation to treatment of this issue, a comprehensive set of treatment planning and implementation suggestions, and multiple handouts and worksheets for client and counselor addressing symptoms, triggers, incident worksheets, and coping skills tools.

### Workbooks:

(SD4n) Facing your grief  
*(recommended)*

(F6) Sadness

(CS2) Coping Skills, Set 1

(CS4) Coping Skills, Set 3

**Core A:** 130-session core resource provided to all residents. In general, the first 30 sessions may be viewed as a useful preparation for more intensive mental health treatment. The full resource is recommended.

**Core B:** this is provided all residents. Programming for special needs or mental health overlays may be scheduled at this time. The Core B resource is a 50-session loop, and residents may attend when not at special programming during these times.

### HELPFUL OPTIONS:

Core C2 (CBT resource) - may be helpful in identifying feelings, and in addressing symptoms and triggers.

Core C3 (comprehensive CBT coping skills resource) - basic coping skills, including thought stopping and thoughts switching may be helpful.

### COLOR KEY

SOCIAL WORKERS
YOUTH SPECIALISTS
SPECIALISTS - AS ASSIGNED
MENTAL HEALTH PROFESSIONALS
RECEPTION STAFF